Social Distancing:

What does it mean?
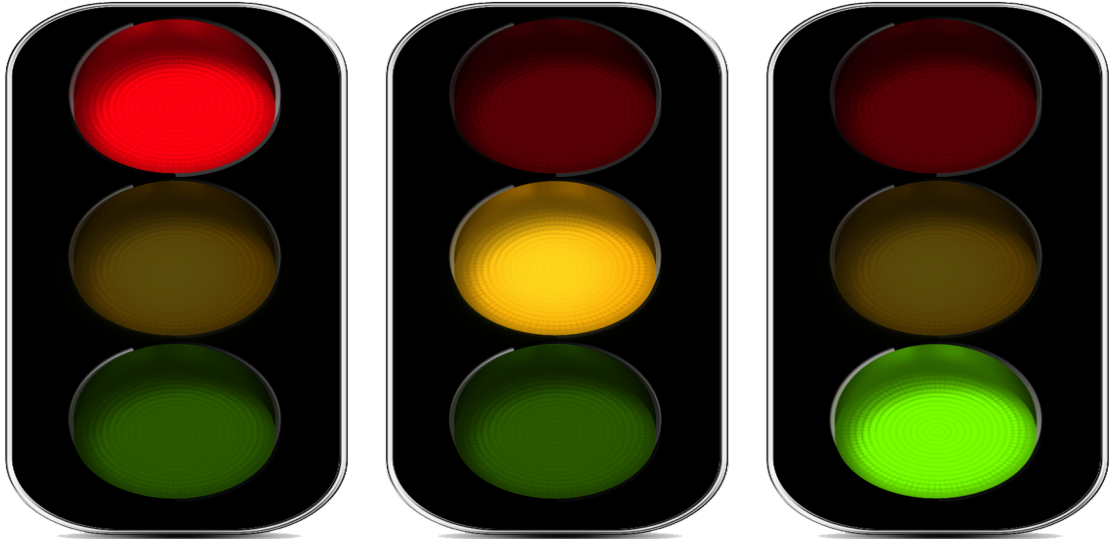
AVOID	Use Caution	Safe to DO
• Group Gatherings • Sleep Overs • Playdates • Concerts • Theatre Outings • Athletic Events • Crowded Retail Stores • Malls • Workouts in Gyms • Visitors in your House • Non-essential workers in your house • Mass Transit Systems	• Visit a local Restaurant • Visit Grocery Store • Get Takeout • Pick up Medications • Play Tennis in a Park • Visiting the Library • Church Services • Traveling	• Take a Walk • Go for a Hike • Yard Work • Play in your Yard • Clean out a Closet • Read a Good Book • Listen to Music • Cook a Meal • Family Game Night • Go for a Drive • Group Video Chats • Stream a favorite show • Check on a Friend • Check on Elderly Neighbor